



Biblical Affirmations

TO CONQUER ANXIETY

”There is Joy in my soul”

Psalm 94:19

“WHEN ANXIETY WAS GREAT WITHIN ME, YOUR CONSOLATION BROUGHT JOY TO MY SOUL.”

“I am loved”

Proverbs 12:25

“AN ANXIOUS HEART WEIGHS A MAN DOWN, BUT A KIND WORD CHEERS HIM UP.”

”God within me is greater than my worries”

Matthew 6:34

“THEREFORE DO NOT WORRY ABOUT TOMORROW, FOR TOMORROW WILL WORRY ABOUT ITSELF. EACH DAY HAS ENOUGH TROUBLE OF ITS OWN.”

“I am free from Anxiety”

1 Corinthians 7:32

“I WANT YOU TO BE FREE FROM ANXIETIES.”

“God cares about me”

1 Peter 5:7

“CASTING ALL YOUR ANXIETIES ON HIM, BECAUSE HE CARES FOR YOU.”